



CHRISTMAS NEWSLETTER

December 2009

'I have come to drag you out of your self

And take you into my heart.

I have come to bring out the beauty

You never knew you had

And lift you like a prayer in the sky.

If no one can recognize you, I do

Because you are my life and soul.'

This poem by Rumi strikes me as truly incarnational – and Good News in the fullest sense. Every year at this time Christians throughout the world celebrate the birth of the Christ child in all manner of form, from High Masses enveloped in clouds of incense to the handclapping, footstomping exultation of Gospel singers, from candlelit children gathered around a humble nativity scene to friends and families making merry beneath the holly and the ivy. All of these in their own way, to a lesser or greater extent, celebrate the joy and wonder of the Christmas story and, irrespective of how our different cultural and spiritual traditions interpret the mystery of the incarnation, there is at the pure heart of the event, a love song of the Beloved.

For those of us who find the Beloved in one another and in our world, and who sense the love story between the truly human and truly divine, this is indeed a time of celebration. The Beloved is forever coming to us in infinite ways, reminding us that we are boundlessly lovable, and loved. As Rumi would conclude

' Through love, that which is bitter is made sweet.

Through love,copper is turned into gold.

Through love, what is muddled becomes clear.

Through love, pain becomes a source of healing.

Through love, the dead are raised to life.

Through love, kings are turned into servants'

I would like to take this opportunity to wish our Christian friends a blessed and joyful Christmas. And to everyone a peaceful and passionate New Year. Thank you for your support in 2009. We appreciate it very much. And remember – if Soccer 2010 is driving you crazy, Temenos is the place to be!

Love

Billy

DECEMBER at TEMENOS

'Bring a friend' SPECIAL

From December Mon 14th – Thurs 18th, and Mon 21st – Thurs 24th inclusive

2 for the price of 1

Bring a friend for 4 nights of pre Christmas relaxation, and only pay for yourself.

Christmas Eve: a traditional Christmas dinner at Tebaldi's.

The Alternative New Year.

See in the New Year the traditional Temenos way. Enjoy a dinner at our restaurant, and then spend time in the Well – releasing the old, and honouring your intentions for the New Year. Then walk the candle lit spiral, and beneath the stars gently embrace 2010.

A calm beginning.

January 2nd and 3rd incl.

Stay one night and get one free. The perfect way to chill after the hustle and bustle of the New Year. Indulge in a therapy or two, relax at the pool, siesta in the afternoon.

PENSIONER'S WEEK

January 11th – 14th

Contact our office for our special discount for Pensioners.

January 14 – 17th

Our first WELLNESS WEEK for 2010.

Begin the New Year by restoring and nurturing your body. Come enjoy fresh country cuisine, brisk early morning walks, yoga and a variety of healing relaxing therapies. Contact our office for details 0236251 871

For further events in 2010 please refer to our Temenos website

www.temenos.org